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Meet a Scientologist—Photographer Conquers Her Fears and Achieves her Goals

Forced to avoid anything that might trigger panic, Nathalie Pressac was cut off from the simplest pleasures in life. By using the technology of Dianetics and Scientology she freed herself from these limitations and has never looked back. Her profile is one of 200 "Meet a Scientologist" videos on the Scientology website at www.Scientology.org.

Creative and smart, photographer Nathalie Pressac of Paris, France, should have had it made, but secretly she was wracked by fears and insecurity. There was little pleasure in her life and the door to success was slammed shut.

"I was beset by problems," Pressac says. "I couldn't take a bus or a metro without panic setting in. Any time I had to make an important decision the anxiety was overwhelming. And I couldn't understand why I felt the way I did. I was searching, searching, searching for an answer."

Introduced to Scientology and Dianetics by her husband, it truly changed her life.

“The results were immediate,” she says. “Through the application of Dianetics procedures I freed myself from the devastating loss of someone very dear to me, which I realized had triggered many of the difficulties I was experiencing. The relief was intense. I was amazed how good I felt.”

Her sense of well-being pervades her work, and her photographs of weddings, dance and landscape capture the romance and beauty of the occasion.

Pressac was able to open her own photography business. Her attitude in life changed completely.

“I am married to a wonderful man and my daughter is a joy to me. I wake up happy. I use what I have learned in Scientology every day,” she says. “I have been a photographer for 16 years and it is an extraordinary profession that requires creativity and communication. The knowledge I have gained from Scientology helps me bring something special to my work.”

Pressac, 44, loves seeing people do well—clients, family, and friends. And it works the other way too.

“One day, a friend told me something that meant a lot to me,” says Pressac. “She said, ‘I have known you before and since Scientology, and I like the person you have become.’”

View the Nathalie Pressac video at Scientology.org.

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The popular "Meet a Scientologist" profiles on the Church of Scientology International Video Channel at Scientology.org now total 200 broadcast-quality documentary videos featuring Scientologists from diverse locations and walks of life. The personal stories are told by Scientologists who are educators, teenagers, skydivers, a golf instructor, a hip-hop dancer, IT manager, stunt pilot, mothers, fathers, dentists, photographers, actors, musicians, fashion designers, engineers, students, business owners and more.

A digital pioneer and leader in the online religious community, in April 2008 the Church of Scientology became the first major religion to launch its own official YouTube Video Channel, which has now been viewed by millions of visitors.



Scientologist Nathalie Pressac



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