

FOR IMMEDIATE RELEASE  
CONTACT: Karin Pouw  
(323) 960-3500  
media@scientology-news.org

28 October 2010

### **Meet a Scientologist—Adrienne Burton: Life is an Adventure**

*Adrienne Burton talks about the promise life holds, thanks to what she's learned in Scientology. Her profile is one of 200 "Meet a Scientologist" videos available on the Scientology website at [www.Scientology.org](http://www.Scientology.org).*

In a video featured on the new Scientology Video Channel at [www.Scientology.org](http://www.Scientology.org), Adrienne Burton shares her views on helping others and the adventure of creating her own future.

The Dallas native, who has lived in Clearwater, Florida, for the past 12 years, says what's important to her is friends, family, personal integrity, helping people and having fun.

Fun includes learning a new language or musical instrument, watching *Project Runway* or *Seinfeld* reruns, flying off to Paris, Los Angeles or New York City on the spur of the moment or just hanging out at home with friends.

But there is one thing Burton loves above everything else.

“When I’m helping people I feel best,” she says. “It’s like a surge or an adrenaline rush—it’s a really cool feeling.”

Burton’s parents, both Scientologists, raised their daughter, an only child, using Scientology principles. But Burton says becoming a Scientologist was not a foregone conclusion.

“When I was old enough to realize what it was, that’s when I actually became a Scientologist myself,” says Burton. “You aren’t automatically a Scientologist by accident of birth. Scientology is something you have to *learn* and *use*. It’s a religion but also a technology, a philosophy, a guideline for life.”

Burton, 26, who works in online web PR, gained an understanding of her own abilities through Scientology.

“It’s given me the power to be aware of more things, to realize that I’m capable of so much more than I ever thought,” she says. “I can speak my mind, and I’m willing to confront things. I just feel like I can do anything.”

Burton says she is proud to be a Scientologist. “It’s the foundation for everything else I do in life. It’s like this rock-steady thing.

View Adrienne Burton’s video at [Scientology.org](https://www.scientology.org).

# # #

*The popular "Meet a Scientologist" profiles on the Church of Scientology International Video Channel at Scientology.org now total 200 broadcast-quality documentary videos featuring Scientologists from diverse locations and walks of life. The personal stories are told by Scientologists who are educators, teenagers, skydivers, a golf instructor, a hip-hop dancer, IT manager, stunt pilot, mothers, fathers, dentists, photographers, actors, musicians, fashion designers, engineers, students, business owners and more.*

*A digital pioneer and leader in the online religious community, in April 2008 the Church of Scientology became the first major religion to launch its own official YouTube Video Channel, which has now been viewed by millions of visitors.*



Adrienne Burton, Scientologist.



Adrienne Burton