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24 October 2010

Meet a Scientologist—Betsy Phillips: Overcoming Grief Through Scientology

Betsy Phillips overcame the grief of her mother's death through Dianetics and Scientology. Her profile is one of 150 "Meet a Scientologist" videos available on the Scientology website at www.Scientology.org.

In a video featured on the new Scientology Video Channel at www.Scientology.org, Betsy Phillips' happiness fills the screen. There is no vestige of the grief that consumed her for many years.

The happiest moment in Phillips' life was followed by the most tragic.

It was high school graduation day. Phillips emerged from the ceremony exhilarated and proud, diploma in hand.

But just hours later, a truck slammed into her mother's car and then the ambulance racing her to the hospital crashed, killing her mother and Betsy's happiness.

Trying to deaden the grief and pain, Phillips began taking drugs. But that only deepened the depression from which she was sure there was no way out. Nor did her suffering ease with the passage of time.

It would take a miracle to revive her—and that miracle happened eight years later with *Dianetics: The Modern Science of Mental Health*.

“I borrowed the book from a friend, started to read it and didn’t put it down until I was done,” says Phillips. “That’s how much impact it had on me.”

“I like to think I cheated fate,” says the exuberant mother of four. “Dianetics and Scientology brought me back to life.”

Born and raised in Venezuela, Phillips, 44, now lives with her family in Clearwater, Florida. She moved to the United States in 1993 and became an American Citizen in 2005.

“I have the perfect existence,” she says. “Thanks to what I have learned in Scientology I have been able to cultivate in my two daughters, 7 and 16, and two stepsons, 21 and 23, a love of learning, a sense of independence and a very moral and ethical attitude toward life.

“Family members who aren’t Scientologists are always telling me how amazing my children are—and of course they’re right!— they are so alive, mature, and responsible.”

Phillips loves her work as a real estate agent, where she takes on each new client like a mission—to find exactly the right home to help families make their own dreams come true.

“If there is anyone out there reading my story who feels life is too much to bear,” says Phillips, “if everything reminds them of the person who is gone—I want them to know there is hope. Real help is available and it is as close as a book by L. Ron Hubbard in just about any bookstore or lending library in the world.”

Watch Betsy Phillips' video at www.Scientology.org.

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The popular "Meet a Scientologist" profiles on the Church of Scientology International Video Channel at Scientology.org now total 150 broadcast-quality documentary videos featuring Scientologists from diverse locations and walks of life. The personal stories are told by Scientologists who are educators, teenagers, skydivers, a golf instructor, a hip-hop dancer, IT manager, stunt pilot, mothers, fathers, dentists, photographers, actors, musicians, fashion designers, engineers, students, business owners and more.

A digital pioneer and leader in the online religious community, in April 2008 the Church of Scientology became the first major religion to launch its own official YouTube Video Channel, which has now been viewed by millions of visitors.



Scientologist Betsy Phillips



Betsy Phillips with her teenage daughter.

