

FOR IMMEDIATE RELEASE
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Meet a Scientologist—Undefeated Women’s Basketball Coach

Star basketball player and scholar-athlete in high school and college, Julia Allender has translated her talent into a stellar career, winning California Community College Athletic Association Coast Conference “Coach of the Year.”

Head coach of the undefeated women’s college basketball team, and 2010 California Community College Athletic Association Coast Conference Coach of the Year, Scientologist Julia Allender knows what it takes to win.

“Championships don’t just come from diagramming plays,” says Allender. “They take certainty, communication and teamwork.”

Assistant coach in the 2008-09 season, and head coach in 2009-10, Allender’s team, the Ohlone College Renegades has won its conference championship two years running. And now she’s gunning for a three-peat and taking her team to the state championship in 2010-11.

Raised in San Jose, California, in a family of Scientologists, Allender, 28, credits Scientology with giving her the competitive edge. An honor student all through school, she says Study Technology developed by L. Ron Hubbard helped her excel not only in academics but also in sports. It gave her the ability to put what she learns to use.

Keenly aware of the responsibility inherent in coaching, Allender runs her San Jose-based team hard on conditioning and practice routines, and instills in her players the desire to win fairly and with integrity. And she credits another aspect of her Scientology training for helping her bring out the best in her team.

"The communication skills I learned in Scientology are lifesavers," says Allender. "They help me build personal relationships with my players. They know they can tell me anything."

By bringing out the talent in each of her players, building their self-confidence and respect for others, Julia Allender empowers them to win not just on the court but in life.

View the Julia Allender video on Scientology.org.

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The popular "Meet a Scientologist" profiles on the Church of Scientology International Video Channel at Scientology.org now total 200 broadcast-

quality documentary videos featuring Scientologists from diverse locations and walks of life. The personal stories are told by Scientologists who are educators, teenagers, skydivers, a golf instructor, a hip-hop dancer, IT manager, stunt pilot, mothers, fathers, dentists, photographers, actors, musicians, fashion designers, engineers, students, business owners and more.

A digital pioneer and leader in the online religious community, in April 2008 the Church of Scientology became the first major religion to launch its own official YouTube Video Channel, which has now been viewed by millions of visitors.



Scientologist Julia Allender with members of the championship team she coaches, the Ohlone Renegades.



Scientologist Julia Allender