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CONTACT: Karin Pouw
(323) 960-3500
media@Scientology-News.org

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Meet a Scientologist—For Comedian Meddy Allaf Life was Not a Laughing Matter

Making it as a comedian was no joke. But Scientology helped French standup comic Meddy Allaf succeed in the business. His profile is one of 200 “Meet a Scientologist” videos on the Scientology website at www.Scientology.org.

In a video featured on the new Scientology Video Channel at www.Scientology.org, comedian Meddy Allaf reveals a side of his personality the audience never saw—despite his outgoing presence on stage he was actually painfully shy.

“It was so bad, I would go to a café and say ‘Sorry to bother you—when you have a minute can I have a coffee please?’” says Allaf. “Dianetics and Scientology helped me be more myself. I am no longer timid or shy.”

Nineteen years ago, Allaf, now 47, decided it was time for a change.

“On the street in Paris, someone handed me a flyer about *Dianetics: The Modern Science of Mental Health*,” he says. “I read the book and applied the techniques and voila! I became calm and self-confident.”

Now extroverted, Allaf found he was smarter too. Creating comedy routines became easier and his perception of others and their quirks and idiosyncrasies improved. He could find just the right nuance to make a situation funny. And the speed of his work increased.

“I write my own material,” says Allaf. “It used to take me weeks and weeks and the inspiration would come and go. Since using Dianetics and Scientology, I have become so much faster—and I can access that creativity whenever I need it.”

His newfound confidence opened career opportunities in many other ways. Auditions were no longer an ordeal, and when he met people socially he could introduce himself and strike up a conversation.

“I have even started my own production company to help other artists get going in their careers,” says Allaf.

In short, Scientology and Dianetics have put Meddy Allaf in the footlights.

View the Meddy Allaf video at Scientology.org.

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The popular "Meet a Scientologist" profiles on the Church of Scientology International Video Channel at Scientology.org now total 200 broadcast-quality documentary videos featuring Scientologists from diverse locations and walks of life. The personal stories are told by Scientologists who are educators, teenagers, skydivers, a golf instructor, a hip-hop dancer, IT manager, stunt pilot, mothers, fathers, dentists, photographers, actors, musicians, fashion designers, engineers, students, business owners and more.

A digital pioneer and leader in the online religious community, in April 2008 the Church of Scientology became the first major religion to launch its own official YouTube Video Channel, which has now been viewed by millions of visitors.



Scientologist Meddy Allaf, performing his comedy routine



Scientologist Meddy Allaf