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Meet a Scientologist—The Healing Touch of Byron Yan

Finding happiness was a struggle for Byron Yan—until he found Scientology. His profile is one of 200 "Meet a Scientologist" videos available on the Scientology website at www.Scientology.org.

The grin on Byron Yan's face in his "Meet a Scientologist" video on www.Scientology.org makes it hard to believe he used to feel depressed. But happiness was a struggle—until he found Scientology.

Despite a highly rewarding career as a Shiatsu practitioner—a traditional hands-on therapy that originated in Japan—Yan was not a happy man. He entered the field to help others, but the help *he* really needed eluded him.

Yan's first inkling that Scientology could offer a solution was the change he saw in a friend—a colleague who seemed more stable and calm after he enrolled on a course at the Church of Scientology of Johannesburg, South Africa.

“I got the idea I may have found something I could use as well,” Yan says.

He then learned that another fellow South African was training as a Dianetics *auditor*—a spiritual counselor, from Latin *audire*, “to hear or listen.” This friend offered him a Dianetics session, and Yan agreed.

“He helped me with the most upsetting incident in my life—the death of a family member,” says the 29-year-old. “It was really hard to confront, but he got me through it and that session changed my life. Before, I couldn’t think about the incident without enormous grief. Through Dianetics I gained relief.”

The results of this auditing have impacted his entire life.

“Things are much easier,” he says. “I don’t have the baggage and upsets I used to have. Life just flows. Scientology has certainly changed my life.”

Watch Byron’s video at www.Scientology.org .

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The popular “Meet a Scientologist” profiles on the Church of Scientology International Video Channel at Scientology.org now total 200 broadcast-quality documentary videos featuring Scientologists from diverse locations and walks of life. The personal stories are told by Scientologists who are educators, teenagers, skydivers, a golf instructor, a hip-hop dancer, IT

manager, stunt pilot, mothers, fathers, dentists, photographers, actors, musicians, fashion designers, engineers, students, business owners and more.

A digital pioneer and leader in the online religious community, in April 2008 the Church of Scientology became the first major religion to launch its own official YouTube Video Channel, which has now been viewed by millions of visitors.



Scientologist and Shiatsu practitioner Byron Yan