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## **Meet a Scientologist—Albert Luyon: How a Trip to the Bookstore Can Change your Life**

*A book in the self-help section of a Manila bookstore changed Albert Luyon's whole way of thinking. That book was Dianetics: The Modern Science of Mental Health. His video is one of 200 "Meet a Scientologist" videos available on the Scientology website at [www.Scientology.org](http://www.Scientology.org).*

Albert Luyon felt there was something missing in his life. If he could put his finger on it he could do something about it, he thought.

That was why he was browsing the self-help section of a bookstore in his native Manila. It was 2004, and Luyon was doing pretty well in life, there was nothing particularly wrong—except that he wasn't really happy.

On the shelf was a book that caught his eye—*Dianetics: The Modern Science of Mental Health*.

"I read the book and decided to find out more, so I attended a Dianetics Seminar at the Church of Scientology Mission of Manila," says Luyon.

That was an amazing experience says Luyon. The seminar attendees paired up and applied Dianetics techniques to one another, and "When I gave my first Dianetics session, I watched the woman I was working with change before my eyes."

Luyon realized two things right then: that what he had been missing was a way to help people, and that the answer was Dianetics.

One aspect of Scientology Luyon, 38, values is the communication skills he learned at the Mission. Working with people every day in sales, these skills have helped him in his career. What he learned about ethics keeps him on the right path and contributes to his well-being and happiness as well.

Luyon married Anna Lynn Ileco in 2009 and introduced her to Dianetics and Scientology. He credits their application of Dianetics and Scientology for their successful and happy relationship.

"I was looking for 'self-help,'" says Luyon, "but I had no idea just how much I could help myself. I use what I have learned in Scientology every day in my own life and I am happier than I have ever been."

View the Albert Luyon video at [Scientology.org](http://Scientology.org).

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*The popular "Meet a Scientologist" profiles on the Church of Scientology International Video Channel at Scientology.org now total 200 broadcast-quality documentary videos featuring Scientologists from diverse locations and walks of life. The personal stories are told by Scientologists who are educators, teenagers, skydivers, a golf instructor, a hip-hop dancer, IT manager, stunt pilot, mothers, fathers, dentists, photographers, actors, musicians, fashion designers, engineers, students, business owners and more.*

*A digital pioneer and leader in the online religious community, in April 2008 the Church of Scientology became the first major religion to launch its own official YouTube Video Channel, which has now been viewed by millions of visitors.*



Scientologists Anna and Albert Luyon