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### **Meet a Scientologist—They Always Knew her by her Laugh**

*Scientology restored Heidi Wolfaardt's happiness and love of life. Her profile is one of 200 "Meet a Scientologist" videos available on the Scientology website at [www.Scientology.org](http://www.Scientology.org).*

In her "Meet a Scientologist" video on [Scientology.org](http://www.Scientology.org), Heidi Wolfaardt of South Africa tells how Scientology restored her belief in herself.

"It gave me data about personal integrity, to observe something and really see it for what it is for *you*, not what somebody else says," she says. "At a point in my life I felt I lost that. Through Scientology I became my own best friend again."

Right after she completed university in 1994, Wolfaardt first heard about Scientology from the sister of a friend. She immediately enrolled in a three-day seminar at the Church of Scientology of Johannesburg.

“Everything in the lectures was absolutely real to me—it was how I've viewed things my whole life,” she says. “There’s not a thing that I’ve asked about life or relationships or problems that I haven’t found a solution for in Scientology.”

This statement was truly put to the test in 2006 when Wolfaardt’s mother died of leukemia.

“I experienced an enormous feeling of sorrow,” she says. “It was constantly with me.”

It was then that Wolfaardt moved to Clearwater, Florida—the spiritual headquarters of the religion. She was devastated and needed help, and that help arrived in the form of Scientology spiritual counseling.

“Had it not been for Scientology I would not have been able to feel relief or move on,” she says. “I no longer have those dark clouds about me. Now it’s sunny days ahead again.”

When growing up, Wolfaardt was famous for her laugh—so unique that her friends could pick her out in a crowd just from the sound of it.

Because of Scientology she is laughing again.

View the Heidi Wolfaardt video at [Scientology.org](http://Scientology.org).

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*The popular "Meet a Scientologist" profiles on the Church of Scientology International Video Channel at Scientology.org now total 200 broadcast-quality documentary videos featuring Scientologists from diverse locations and walks of life. The personal stories are told by Scientologists who are educators, teenagers, skydivers, a golf instructor, a hip-hop dancer, IT manager, stunt pilot, mothers, fathers, dentists, photographers, actors, musicians, fashion designers, engineers, students, business owners and more.*

*A digital pioneer and leader in the online religious community, in April 2008 the Church of Scientology became the first major religion to launch its own official YouTube Video Channel, which has now been viewed by millions of visitors.*



Scientologist Heidi Wolfaardt