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### **Dianetics: Bringing Peace of Mind in a Buddhist Monastery in Thailand**

*A Buddhist monk uses Dianetics technology to bring solace and joy to those who seek help. His profile is one of 200 videos available on the Scientology website at [Scientology.org](http://Scientology.org).*

In a video on [www.Scientology.org](http://www.Scientology.org), Phra Dang, a Buddhist monk in a Thailand monastery, tells why he uses Dianetics to relieve suffering and restore peace of mind.

“Things that give us a heavy heart or negative emotions or poor concentration—these things reduce and disappear,” says Dang. “Our ability to work improves. So it has an effect on our lives and our environment.”

He employs this technology because of its results.

“The effects I see in myself and my disciples when they have severely suffered—some not even wanting to live—is a returned happiness in their heart and in their health,” he says.

Using techniques from the book *Dianetics: The Modern Science of Mental Health* by L. Ron Hubbard, which has been translated into the Thai language, the monk helps people eradicate the source of their unhappiness and misery, as illustrated in a [video introduction to Dianetics](#) on [www.Scientology.org](http://www.Scientology.org).

“I have experienced great happiness in seeing suffering replaced with happiness and peace,” says Dang. “Peace in their hearts—that is a *true* peace. This gives us a life we want to live. So the effects of that happiness and the effects of that peace continues to grow.”

View the Phra Dang video at [Scientology.org](http://Scientology.org).

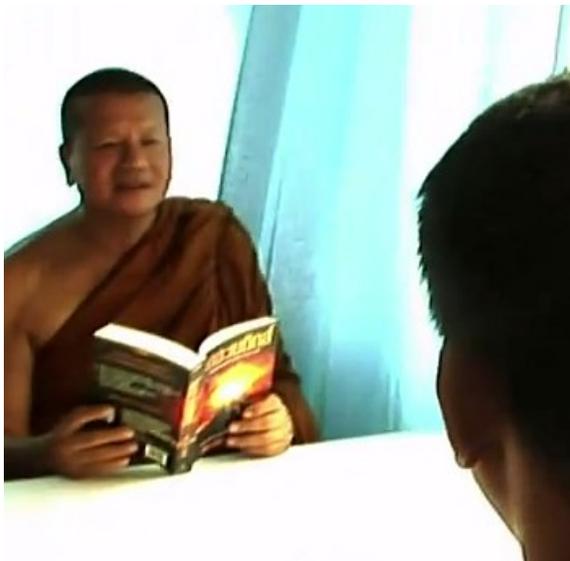
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*The popular “Meet a Scientologist” profiles on the Church of Scientology International Video Channel at Scientology.org now total 200 broadcast-quality documentary videos featuring Scientologists from diverse locations and walks of life. The personal stories are told by Scientologists who are educators, teenagers, skydivers, a golf instructor, a hip-hop dancer, IT manager, stunt pilot, mothers, fathers, dentists, photographers, actors, musicians, fashion designers, engineers, students, business owners and more.*

*A digital pioneer and leader in the online religious community, in April 2008 the Church of Scientology became the first major religion to launch its own official YouTube Video Channel, which has now been viewed by millions of visitors.*



Phra Dang, Buddhist monk in Thailand who uses Dianetics and Scientology



Buddhist monk Phra Dang uses Dianetics technology to help a disciple.